



BIRTHDAY CELEBRATION MENU

Looking for a healthy and convenient way to celebrate your child's birthday? Look no further than the Ferguson-Florissant School District Child Nutrition department! We offer a variety of healthy treats.

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BIRTHDAY CELEBRATION MENU

FEATURED ITEMS

Whole Grain Cheez-its	\$0.60 each
Animal Crackers	\$0.50 each
Carrots with Lite Ranch	\$0.45 each
Crunchy carrot sticks served with lite ranch dressing	
Fruit Tray	\$1.00 each
Variety of fresh fruit served with lite vanilla yogurt	
Veggie Tray	\$1.00 each
Variety of fresh vegetables served with lite ranch dressing	
Fresh Baked Cookie (2 per student)	\$0.75 each
Select from a variety of reduced-fat, whole grain cookies including chocolate chip, sugar, oatmeal raisin, or carnival cookies	
Ice Cream Variety	\$1.00 each
Select from a variety of reduced fat ice cream bars and cups Check with food service office for availability	
Beverages	\$0.55 each
Bottled water, 100% fruit juice, fat-free chocolate milk, or low-fat white milk	

Please note: Orders should be placed at least 1 week in advance. All orders will be delivered to the student's classroom on date of celebration.